

Time Lifeline Survey: Getting Started

By Bill West

- ◆ What all do I want to accomplish in this decade? In future decades?
- ◆ What long-term goals may be easier to achieve by breaking them down into two or more short-term goals?
- ◆ Do I want to have kids? Grandkids? What difference will it make if I do or don't have them?
- ◆ What legacy do I want to leave my kids and grandkids?
- ◆ What kind of a home do I see myself living in during my 50's, 60's, 70's?
- ◆ Will I ever move to a different city or country? What reasons would justify a move like that?
- ◆ Ideally, what do I imagine my old age to be like? Will I be healthy? Rich? Not so rich? Will wealth matter to me when I'm older?
- ◆ How much money will I need to save up by the time I retire?
- ◆ To reach this money goal, how much will I need to earn each year?
- ◆ Do I expect to be able to retire, or will I have to work as long as I can?
- ◆ What educational opportunities should I continue to pursue throughout life?
- ◆ Would I like a second career after I retire? Doing what?
- ◆ What hobbies or activities have I always wanted to master?
- ◆ What hobbies or activities would make sense for each future decade?
- ◆ What countries outside of my own do I want to visit before I die?
- ◆ When should I travel to make certain that potential health issues won't get in the way?
- ◆ What kinds of people do I like the best and how can I meet more of them?
- ◆ What groups or organizations should I consider joining to develop more friendships?
- ◆ What steps to improve myself would help me to find more friendships?
- ◆ What kinds of lifestyle changes should I be making now to protect my health?
- ◆ Are there hobbies or activities I can pursue to become healthier over time?
- ◆ What could I do to help make the world a better place?
- ◆ To attain a certain goal, what steps do I need to accomplish first?